



Bournemouth, Christchurch and Poole International Day of Older People Events 2024

Each year on 1st October, people across the world mark United Nations International Day of Older People to raise awareness of opportunities and challenges faced by the ageing population. Every year there is a UK theme chosen by the Centre for Ageing Better and this year the theme is 'The Part We Play' highlighting the valued contribution our older family, friends, and residents make for our community.

Bournemouth, Christchurch and Poole are recognised by the World Health Organisations as an Age Friendly Community and integral to this is the growing network of organisations, group leaders and residents who want the place we live in to support us to age well. The Age Friendly Network has come together again this year to ensure Bournemouth, Christchurch and Poole have many activities across the month of October in honour of International Day of Older People and below are the variety of events available to the public.

Lead	Activity	Where	When	Contact
Christchurch Primary Care Network	Vintage Idols – Photography Display Louise Ahrens, Health and Social Care Lead, Age Friendly Ambassador and amateur photographer with support from Christchurch Community Partnership created a photography display of residents recreating iconic album covers to spark conversation and challenge negative images of ageing.	BCP Libraries	All of October	Please contact your local library for more details
		Hengistbury Head Visitors Centre, BH6 4EW	All of October	<u>Hengistbury Head Visitors Centre</u> 01202 128444
		Kinson Community Centre, BH10 7LH	All of October	<u>Kinson Community Centre</u> 01202 572826
		Access Wellbeing Hub, Poole Dolphin Centre	All of October	<u>Access Wellbeing Hub, Poole Dolphin Centre</u>

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Christchurch Primary Care Network	Vintage Idols – Photography Display	Alexandra Park Cafe BH14 9EW and Redhill Park cafe, BH9 2SW Colten Care Homes: Bourne View Care Home, BH12 5BN Canford Chase Care Home BH13 6EU The Aldbury Dedicated Dementia Home, BH12 4NA	October 1 st October 1 st 10-4pm	<u>The Parks Foundation</u> <u>Bourne View Care Home</u> 01202 403180 <u>Canford Chase Care Home</u> 01202 766182 <u>The Aldbury Dedicated Dementia Home</u> 01202 746752

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Lead	Activity	Where	When	Contact
Prama Life	Free Public Information Sharing Event Examples of organisations present include: Citizens Advice BCP Prama Age Friendly Communities NHS Wellbeing Hub Ridgewater Energy Vintage Idols Display	Gather Space, Poole Dolphin Centre	1 st October, 10-3pm	agefriendlycommunities@bcpcouncil.gov.uk 01202 126723

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Lead	Activity	Where	When	Contact
<p>The Parks Foundation</p>	<p>Free lunch and hot drink for over 65s across all 3 of their cafes, Winton. Alexandra Park and Redhill park</p> <p>Free game of mini golf and a hot drink for over 65s in Boscombe Chine Gardens and Cafe.</p>	<p>Winton Park Café, BH9 1BX Alexandra Park, BH14 9EL Redhill Park Cafe, BH9 2SW</p> <p>Chine Gardens, BH1 4AA</p>	<p>October 1st</p>	<p><u>The Parks Foundation</u> Email: info@parksfoundation.org.uk Tel: 01202 143724</p>

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Lead	Activity	Where	When	Contact
Kinson Community Centre	<p>A free cup of tea or coffee and biscuit to over 60s (normal tea/coffee any other coffee, such as a latte or cappuccino there will be a charge)</p> <p>Free Tea and coffee (same conditions as above) at Kinson Community Centre Market</p>	Kinson Community Centre, BH10 7LH	<p>Thursday throughout October. Coffee morning is every Thursday 10am – 12pm</p> <p>Market: Saturday 5th October 10am – 1pm.</p>	<p><u>Kinson Community Centre</u> 01202 572826</p>

If you would like to know more about Age Friendly Communities, please contact Heather on agefriendlycommunities@bcpcouncil.gov.uk or call 01202 126723.

